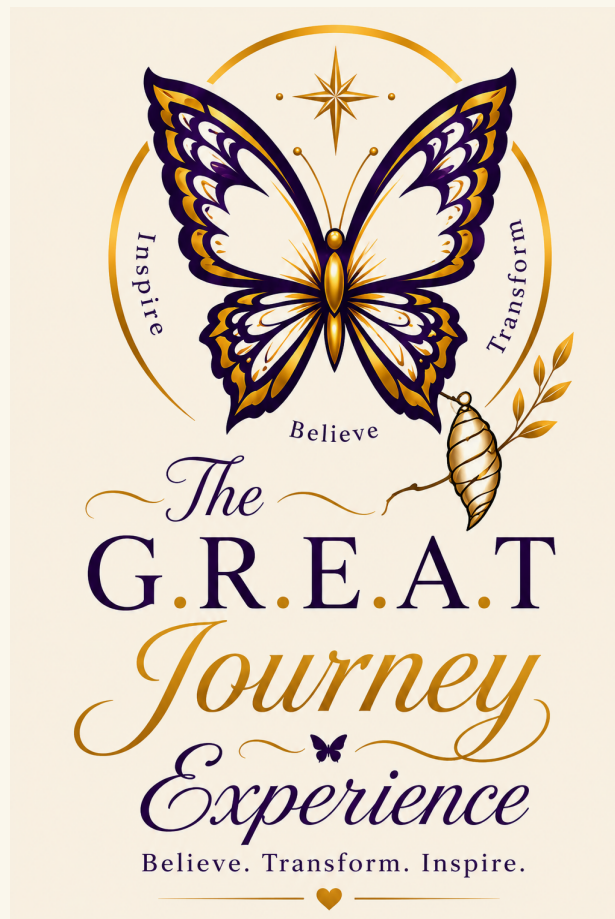




The
THE G.R.E.A.T. METHOD™

Educator Reflection & Growth Workbook

GROW • RISE • EMPOWER • ALIGN • THRIVE



*A transformational experience designed to help educators reflect, grow, lead,
and create meaningful impact in the lives of their students.*

Inspire Greatness™

LEARN. TRANSFORM. INSPIRE.



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Welcome

YOUR GROWTH MATTERS

Teaching is more than delivering lessons. It is the work of shaping confidence, creating possibility, building relationships, and helping students believe they can become more.

The G.R.E.A.T. Method™ gives you a framework for stepping back from the daily demands of education and intentionally looking at the educator and leader you are becoming.

Use these pages to pause, reflect, challenge yourself, and turn insight into action.

A REMINDER BEFORE YOU BEGIN: You do not have to become a different educator. You are here to become a more intentional version of the educator you already are.



How to Use This Workbook

A space to think, reflect, and act.

Move through each G.R.E.A.T. section at your own pace. Read, pause, reflect, write, and apply the ideas to your classroom and professional life.

You may complete the workbook in order, use a section during professional development, or return to a section whenever you need to reset and refocus.

There are no perfect answers. The goal is honest reflection and meaningful action.

UNDERSTAND

What does this mean?

RECOGNIZE

Why does it matter?

REFLECT

What is true for me right now?

BREAK THROUGH

What may be getting in the way?

APPLY

What can I do differently?

ACT

What is my next intentional step?





The G.R.E.A.T. Method™

A FRAMEWORK FOR EDUCATOR GROWTH

G GROW

Develop yourself, your practice, and your capacity to keep learning.

R RISE

Build resilience, confidence, and the courage to move through challenges.

E EMPOWER

Use your voice, strengths, and influence to empower yourself and your students.

A ALIGN

Connect your values, purpose, goals, and daily practice.

T THRIVE

Create conditions where educators and students can flourish and grow.





G

G — GROW



Growing People. Growing Practice. Growing Purpose.

Every journey toward greatness begins with a decision to grow.

For educators, growth is not about perfection. It is about remaining willing to learn, reflect, adapt, and become better than yesterday.



What Does Growth Mean?

LEARNING
CONTINUOUSLY

Stay curious and open to new ideas.

IMPROVING
INTENTIONALLY

Use reflection to identify what can become stronger.

DEVELOPING
PROFESSIONALLY

Keep building the knowledge and skills your students need.

BECOMING BETTER
THAN YESTERDAY

Measure growth by progress, not perfection.





Why Does Growth Matter?

When educators grow, classrooms can grow with them.

- ✓ Adapt more effectively to changing student needs.
- ✓ Approach challenges with greater flexibility.
- ✓ Strengthen instructional practice.
- ✓ Model lifelong learning for students.
- ✓ Create stronger opportunities for student success.

REFLECTION:

Where is growth already happening in your professional life?





Growth Is a Choice

Every educator makes choices each day.

THE CHOICE: Stay comfortable — or continue growing.

Growth may ask you to try something new, ask for feedback, change a habit, or admit that something is not working the way you hoped.

CONSIDER:

What is one area of your teaching or leadership where you know you are ready to grow?





Fixed Mindset vs. Growth Mindset

A fixed mindset can sound like: “I already know.”

A growth mindset asks: “What can I learn?”

TRY THIS SHIFT: Instead of asking, “Why did this happen?” ask, “What can I learn from what happened?”

Growth begins when curiosity becomes stronger than defensiveness.





What Stops Growth?

Growth can be interrupted by:

- Fear
- Comfort
- Resistance
- Complacency
- Poor communication

REFLECTION:

Which barrier is most likely to interfere with your growth right now?





Growth Starts With Leadership

Students do not simply grow because they are told to grow. They grow when the adults around them create environments where growth is expected, supported, and modeled.

ASK YOURSELF:

What does my willingness to learn teach my students about learning?





Ask Better Questions

The questions we ask can change the direction of a conversation.

INSTEAD OF: “Who made the mistake?”

TRY: “What can we learn?”

A learning-centered question creates room for accountability without shutting down curiosity.



Build a Growth Culture

LEARN

Create space for ongoing learning.

COLLABORATE

Learn with and from other educators.

INNOVATE

Be willing to try thoughtful new approaches.

IMPROVE

Use reflection and feedback to make the next step stronger.

REFLECTION:

What is one thing you can do to make growth feel more normal and supported in your classroom or team?





Continuous Improvement

Small improvements, repeated consistently, can create extraordinary results.

You do not have to change everything at once. Choose one meaningful improvement, practice it, reflect on it, and build from there.

MY GROWTH ACTION:

One small improvement I will practice this week is...

HOW WILL I KNOW IT IS HELPING?





R

R — RISE



Building Resilience. Building Confidence. Moving Forward.

Rising does not mean that challenges disappear. It means learning how to meet them without allowing them to define your capacity, your purpose, or your future.

For educators, rising is the ability to keep showing up, adapting, advocating, and moving forward—even when the work is demanding.

TALKING POINT

Resilience is not about pretending everything is okay. It is about acknowledging what is hard and still choosing your next step.





What Does RISE Mean?

To RISE is to move forward with courage, resilience, and intention.

RECOGNIZE

Acknowledge what you are experiencing instead of ignoring it.

INCREASE

Build the skills, confidence, and support you need.

STRENGTHEN

Develop the ability to respond rather than simply react.

ENGAGE

Stay connected to your purpose, your students, and your professional community.



TALKING POINT

Educators cannot pour from an empty cup. Rising includes recognizing when you need support, rest, resources, or a new approach.





Why Does RISE Matter?

Educators influence the emotional and learning environment around them.

- ✓ Handle difficult moments without losing sight of purpose.
- ✓ Recover from setbacks and continue learning.
- ✓ Model perseverance and healthy problem-solving for students.
- ✓ Build confidence in navigating change.
- ✓ Create classrooms where students experience encouragement and possibility.



TALKING POINT

Students are watching how we respond to difficulty. Our response can become part of what they learn about resilience.

REFLECTION

Where do you currently feel the greatest need to rise?





Signs You May Be Struggling to RISE

- You feel defeated by setbacks before you have time to process them.
- You question your ability even when you have evidence of your strengths.
- You avoid asking for help because you believe you should handle everything alone.
- You feel stuck in frustration instead of looking for the next possible step.
- You have lost connection with the purpose that brought you to education.



TALKING POINT

Recognizing a struggle is not a weakness. Awareness gives you information about where support and intentional change may be needed.

REFLECTION

Which sign feels most familiar right now, and what might it be telling you?





Resilience Is a Practice

Resilience is strengthened through repeated choices—not through one moment of strength.

- ✓ Pause before reacting.
- ✓ Name what is within your control.
- ✓ Ask for support when you need it.
- ✓ Learn from what happened.
- ✓ Choose one next step.



TALKING POINT

You do not have to solve the entire problem today. Sometimes rising begins with identifying the next healthy, productive step.

PRACTICE

What is one situation where you can practice responding instead of reacting?





Build Your Professional Confidence

Confidence grows when preparation, experience, reflection, and action begin working together.

Confidence does not mean knowing everything. It means trusting yourself enough to keep learning when you do not know.



TALKING POINT

A confident educator can say, "I don't know yet," without believing that not knowing makes them less capable.

REFLECTION

What is one strength you sometimes overlook in yourself as an educator?





Rise Through Adversity

Every educator will face difficult seasons: changing expectations, challenging behaviors, limited resources, difficult conversations, or moments when the outcome is not what was hoped for.

The goal is not to avoid every difficult experience. The goal is to develop a process for moving through difficulty with purpose.



TALKING POINT

Ask: What happened? What do I need? What can I learn? What is within my control? What is my next step?

REFLECTION

Think of a challenge you have already survived. What did that experience teach you about your own strength?





You Don't Have to RISE Alone

Resilience is strengthened by connection.

MENTORS

People who help you see possibilities and perspective.

COLLEAGUES

People who understand the realities of the work.

LEADERSHIP

People who can provide resources, clarity, and support.

COMMUNITY

People who remind you that your experience is shared.



TALKING POINT

Asking for help is not a failure of independence. It is an intentional use of resources.

REFLECTION

Who is part of your support system, and where could you strengthen that support?





RISE in Practice

Rising becomes meaningful when it changes what we do.

- Choose one response you want to change.
- Identify one support or resource you need.
- Practice one resilience habit.
- Have one conversation you have been avoiding.
- Celebrate one area where you have already grown.



TALKING POINT

Small acts of courage repeated over time can change how you experience your work.

MY RISE ACTION

This week, I will...





GREAT Challenge

RISE

Choose one challenge that has been weighing on you professionally.

WHAT IS WITHIN MY CONTROL?

MY NEXT INTENTIONAL STEP:

WHO OR WHAT CAN SUPPORT ME?





GREAT Takeaway

Rising is not about never falling, never becoming tired, or never needing help.

Rising is choosing not to let a difficult moment become the definition of your story.



TALKING POINT

Your students do not need a perfect educator. They need an educator who is willing to keep learning, keep showing up, and keep moving forward.

ONE TRUTH I AM TAKING WITH ME:





The Greatness Compass™

R.P.C. • Refocus • Move Forward

When you lose your sense of direction, return to your compass.

PURPOSE

Why does this work matter to me?

PEOPLE

Who am I serving?

VISION

What am I working toward?

ACCOUNTABILITY

What am I responsible for?

INNOVATION

What new possibility am I willing to explore?



TALKING POINT

Rising becomes easier when your next step is connected to something larger than the immediate challenge.

COMPASS REFLECTION

What do you need to reconnect with so you can move forward with greater clarity?





E

E — EMPOWER



Strengthen Your Voice. Strengthen Your Students.

Empowerment begins when educators recognize that their voice, choices, knowledge, and presence matter.

To empower does not mean having all the answers. It means creating the conditions for yourself and your students to recognize strengths, develop confidence, take ownership, and believe that growth is possible.



TALKING POINT

An empowered educator does not simply give students answers. An empowered educator helps students discover that they are capable of finding answers.



What Does EMPOWER Mean?

To EMPOWER is to strengthen ownership, confidence, voice, and possibility.

RECOGNIZE
STRENGTHS

Notice the abilities, interests, and potential already present.

BUILD OWNERSHIP

Give students meaningful opportunities to make choices and take responsibility.

USE YOUR VOICE

Advocate for what students and educators need.

CREATE POSSIBILITY

Help people see that their current situation does not have to define their future.



TALKING POINT

Empowerment starts with what we choose to notice. When we consistently see potential, people begin to see more potential in themselves.





Why Does EMPOWER Matter?

Students learn more than content from the adults who teach them. They also learn what they believe about themselves.

- ✓ Confidence grows when students experience meaningful success.
- ✓ Ownership grows when students have appropriate choices.
- ✓ Voice grows when students know their ideas matter.
- ✓ Responsibility grows when expectations are clear and consistent.
- ✓ Potential grows when someone believes it is worth developing.



TALKING POINT

The goal is not to remove every challenge for students. The goal is to give them the support, tools, and confidence to meet challenges.

REFLECTION

Where could you create more opportunities for student ownership?



Signs Empowerment May Be Missing

- Students wait for the teacher to solve every problem.
- Students hesitate to share ideas because they fear being wrong.
- Students struggle to make choices without constant direction.
- You find yourself doing more for students than they can reasonably do for themselves.
- Your own voice or professional judgment feels limited.



TALKING POINT

Support and dependence are not the same thing. Effective support gradually builds the learner's ability to do more independently.

REFLECTION

Which sign would you most like to change?





Empower Through Voice

Your voice matters—not because you must always speak first, but because educators have knowledge and experiences that can help shape better outcomes.

Use your voice to advocate, ask questions, offer ideas, communicate needs, and create space for students to use theirs.



TALKING POINT

A classroom where only the teacher's voice matters is not an empowered classroom. Make room for students to explain, question, create, and contribute.

REFLECTION

Where do you need to use your professional voice more confidently?





Build Student Ownership

Ownership grows when students understand what they are learning, why it matters, and how they can participate in the process.

- ✓ Offer meaningful choices when appropriate.
- ✓ Let students explain their thinking.
- ✓ Use reflection instead of only correction.
- ✓ Allow students to set appropriate goals.
- ✓ Celebrate effort, strategy, and progress—not just outcomes.



TALKING POINT

Choice without guidance can feel overwhelming. Empowerment works best when freedom is paired with clear expectations and support.

PRACTICE

What is one routine where you could transfer more ownership to your students?





Empower Without Rescuing

Sometimes our desire to help can unintentionally communicate, “You cannot do this without me.”

Empowerment asks us to pause before stepping in and consider whether the learner needs an answer, a tool, a question, encouragement, or simply time to think.



TALKING POINT

Before solving the problem, ask: “What do you already know? What have you tried? What could you try next?”

REFLECTION

Where might you be doing something for students that they are ready to begin doing for themselves?





Empowerment and Accountability

Empowerment does not remove accountability. It strengthens it.

When people understand that they have voice, choices, and influence, they can also learn to take responsibility for those choices.

- Set clear expectations.
- Give appropriate ownership.
- Follow up on commitments.
- Reflect on outcomes.
- Use mistakes as information for learning.



TALKING POINT

Accountability should answer the question, “What can I do next?” rather than simply, “Who is at fault?”



Create an Empowering Classroom Culture

BELONGING

Students know they are valued.

VOICE

Students know their ideas matter.

CHOICE

Students have meaningful opportunities to participate.

CHALLENGE

Students are encouraged to stretch.

SUPPORT

Students know help is available without being rescued.

REFLECTION

Which part of an empowering culture is already strong in your classroom?
Which needs attention?





EMPOWER in Practice

Choose one change that will increase ownership, voice, or confidence.

ONE OPPORTUNITY I WILL GIVE STUDENTS:

ONE QUESTION I WILL ASK INSTEAD OF GIVING AN ANSWER:

ONE STRENGTH I WILL INTENTIONALLY NOTICE:

ONE WAY I WILL USE MY PROFESSIONAL VOICE:

TALKING POINT

Empowerment becomes real when it moves from a belief into a repeated classroom practice.





GREAT Challenge

EMPOWER

For the next week, intentionally create one moment each day where a student has greater ownership of learning.

WHAT WILL I CHANGE?

HOW WILL I SUPPORT WITHOUT TAKING OVER?

WHAT EVIDENCE WILL SHOW ME THAT EMPOWERMENT IS GROWING?





GREAT Takeaway

Empowerment is not giving away your authority. It is using your influence to help others discover their own capacity.



TALKING POINT

Your students may forget a lesson. They may not forget the teacher who helped them believe, "I can do this."

ONE TRUTH I AM TAKING WITH ME:





The Greatness Compass™

EMPOWER • Use Your Voice • Build Ownership

Return to your compass when you need to remember what your influence is meant to create.

PURPOSE

Why am I here?

PEOPLE

Who am I helping become stronger?

VISION

What possibility am I helping create?

ACCOUNTABILITY

What responsibility belongs to me?

INNOVATION

What new possibility can I invite?



TALKING POINT

The educator's influence is not measured only by what students accomplish today. It is also measured by what they begin to believe they are capable of tomorrow.

COMPASS REFLECTION

How can you use your influence this week to help someone recognize more of their own greatness?





A — ALIGN



Connect Your Values. Your Purpose. Your Practice.

Alignment is where what you believe, what you value, and what you do begin moving in the same direction.

For educators, alignment means connecting your purpose with the way you teach, lead, communicate, make decisions, and create learning environments.

TALKING POINT

*You can be extremely busy and still be moving in the wrong direction.
Alignment asks whether your daily work reflects what matters most.*





What Does ALIGN Mean?

To ALIGN is to bring your values, purpose, decisions, and actions into greater harmony.

KNOW YOUR VALUES

Identify the principles that guide your choices.

CLARIFY YOUR
PURPOSE

Remember why this work matters to you.

CONNECT YOUR
PRACTICE

Let your values show up in how you teach and lead.

MAKE INTENTIONAL
CHOICES

Choose actions that move you toward what matters.



TALKING POINT

Alignment does not mean every day will feel perfect. It means that even on difficult days, you know what you are trying to stand for.





Why Does ALIGN Matter?

When educators are aligned, decisions become clearer because they are connected to purpose.

- ✓ It brings clarity to your professional direction.
- ✓ It helps you make decisions with greater confidence.
- ✓ It strengthens consistency between your values and your actions.
- ✓ It can reduce the feeling of constantly working against yourself.
- ✓ It helps you protect what matters most in your classroom and career.



TALKING POINT

Alignment gives you a filter. When a new demand appears, you can ask: Does this support what I say matters?

REFLECTION

What part of your work currently feels most aligned with your purpose?





Signs You May Be Out of ALIGNMENT

- You feel constantly drained even when you are accomplishing a lot.
- You feel uncertain about why you are doing what you are doing.
- You regularly say yes when you want or need to say no.
- Your daily practices do not reflect the educator you want to be.
- You feel disconnected from the reason you entered education.



TALKING POINT

Misalignment can sometimes look like productivity. You may be doing a great deal while moving farther away from what actually matters to you.

REFLECTION

Which sign, if any, deserves your attention right now?





Self-Awareness

Alignment begins with knowing yourself.

- ✓ Get quiet.
- ✓ Tune in.
- ✓ Notice what energizes you.
- ✓ Notice what consistently drains you.
- ✓ Understand what you truly value.



TALKING POINT

You cannot intentionally align your life with values you have never taken time to identify.

PAUSE & REFLECT

What have you learned about yourself as an educator that you did not know when you first began?





Know Your Core Values

Your values are the foundation beneath your decisions.

When your actions repeatedly reflect your values, your work can feel more meaningful and grounded.

Respect • Growth • Compassion • Excellence • Creativity • Equity •
Service • Integrity • Curiosity • Belonging

REFLECTION

Choose three values that are most important to the educator you want to be.

MY THREE VALUES: 1. _____ 2.

_____ 3. _____





Live Your Purpose

Purpose is the deeper reason behind the work. Alignment is how that purpose becomes visible in the way you live and teach.

Your purpose does not have to be a perfect sentence. It can begin with a simple understanding of who you want to serve and the difference you want your work to make.



TALKING POINT

Purpose answers “Why?” Alignment asks, “Do my choices reflect that why?”

PAUSE & REFLECT

Complete this sentence: I teach because...





Make Intentional Choices

Every decision either moves you closer to alignment or farther from it.

- Pause.
- Reflect.
- Choose.
- Act.
- Reassess.



TALKING POINT

Intentional does not mean slow. It means you are aware of why you are making the choice.

REFLECTION

What is one decision you are facing that would benefit from a purpose-based filter?





Check In Daily

Pause • Reflect • Realign

Alignment is maintained through small check-ins, not one major decision.

At the end of a day or week, ask:

- Did my choices reflect my values?
- Did I spend energy on what mattered most?
- Where did I feel aligned?
- Where did I feel pulled away from alignment?
- What needs to shift tomorrow?



TALKING POINT

A short daily pause can prevent a small misalignment from becoming a long-term pattern.

DAILY REFLECTION

What do you need to realign today?





Let Go of What Doesn't Fit

Not everything is meant to go with you.

Alignment sometimes requires release: a habit, expectation, commitment, mindset, or pattern that no longer fits the educator or leader you are becoming.



TALKING POINT

Letting go does not mean you failed. Sometimes it means you have grown enough to recognize what no longer belongs.

REFLECTION

What is one thing you may need to release so you can move closer to your purpose?





Protect Your Peace

Peace is part of alignment.

Protecting your time, energy, attention, and emotional capacity is not selfish. It helps you remain available for the work and relationships that matter.

- ✓ Set healthy boundaries.
- ✓ Protect time for restoration.
- ✓ Be intentional about what you take on.
- ✓ Notice what repeatedly disrupts your peace.
- ✓ Give yourself permission to pause.



TALKING POINT

You cannot create a healthy learning environment while consistently ignoring your own need for healthy boundaries.

REFLECTION

What boundary would help you feel more aligned?





Surround Yourself With Alignment

The people and environments around you can either reinforce your values or constantly pull you away from them.

- Choose relationships that support growth.
- Seek colleagues who share a commitment to meaningful work.
- Create environments where your values can be practiced.
- Be mindful of voices that consistently undermine your purpose.



TALKING POINT

Alignment is easier to sustain when your environment supports the person you are becoming.

REFLECTION

Who or what environment helps you feel most like yourself as an educator?





When You ALIGN...

- ✓ You make clearer decisions.
- ✓ You become more intentional with your energy.
- ✓ You recognize opportunities that fit your purpose.
- ✓ You communicate with greater confidence.
- ✓ You experience greater consistency between who you are and how you work.

PAUSE & REFLECT

What would change if your daily choices were more closely aligned with your values?





ALIGN in Practice

Choose one area where your values and actions need to come closer together.

MY VALUE:

MY CURRENT REALITY:

WHAT NEEDS TO SHIFT:

MY FIRST INTENTIONAL ACTION:

TALKING POINT

Alignment grows through action. One intentional choice can become the beginning of a new pattern.





GREAT Challenge

ALIGN

Choose one decision, habit, boundary, or practice that needs to become more aligned with your purpose.

WHAT AM I CHOOSING TO REALIGN?

WHY DOES THIS MATTER?

WHAT WILL I DO DIFFERENTLY?





GREAT Takeaway

Alignment is not about creating a perfect life or classroom. It is about creating greater agreement between what you value and how you choose to live and lead.



TALKING POINT

When your values and actions walk together, your purpose becomes visible.

ONE TRUTH I AM TAKING WITH ME:





The Greatness Compass™

ALIGN • Purpose • Values • Intentional Action

When you feel pulled in too many directions, return to your compass.

PURPOSE

Why does this work matter?

PEOPLE

Who am I here to serve?

VISION

What am I trying to create?

ACCOUNTABILITY

What responsibility belongs to me?

INNOVATION

What new possibility supports the mission?



TALKING POINT

The compass does not make the decision for you. It helps you remember what should guide the decision.

COMPASS REFLECTION

What do you need to remember about your purpose before taking your next step?





T

T — THRIVE



Create Conditions Where Educators and Students Can Flourish.

Thriving is more than surviving the school year. It is creating the conditions that allow educators and students to experience growth, connection, purpose, confidence, and possibility.

To THRIVE is to move beyond simply getting through the work and intentionally build a professional and learning environment where people can flourish.

TALKING POINT

Thriving does not mean every day is easy. It means the environment has enough purpose, support, connection, and opportunity for people to keep growing through the hard days.





What Does THRIVE Mean?

To THRIVE is to create, protect, and participate in conditions that support healthy growth.

CREATE

Build environments where learning and growth can happen.

CONNECT

Strengthen relationships, belonging, and community.

RESTORE

Make room for rest, renewal, and reflection.

CELEBRATE

Recognize progress, strengths, effort, and meaningful wins.



TALKING POINT

A thriving classroom is not defined by constant excitement. It is defined by a sense that people belong, can learn, can contribute, and can grow.





Why Does THRIVE Matter?

When educators thrive, they are better positioned to create learning environments where students can thrive too.

- ✓ Healthy relationships support learning.
- ✓ Belonging increases connection and participation.
- ✓ Celebration helps people recognize progress.
- ✓ Rest and renewal protect long-term capacity.
- ✓ Purpose and possibility help people remain engaged.



TALKING POINT

We cannot build sustainable greatness by constantly asking people to give more without creating conditions that help them recover and grow.

REFLECTION

What helps you feel most energized and connected in your work?





Surviving vs. Thriving

Surviving asks: “How do I get through this?”

Thriving asks: “What would help me flourish here?”

SURVIVING

Reacting to the next demand.

THRIVING

Creating systems and habits that support the bigger picture.

SURVIVING

Focusing only on what is wrong.

THRIVING

Noticing problems while also identifying possibilities.

SURVIVING

Working until there is nothing left.

THRIVING

Protecting the capacity needed for meaningful work.



TALKING POINT

There will be seasons when survival is necessary. Thriving begins when we have enough space to move from constant reaction toward intentional creation.

PAUSE & REFLECT

Where are you surviving right now, and what would one step toward thriving look like?





Create a Culture of Belonging

People thrive when they know they matter.

- ✓ Learn and use names.
- ✓ Listen with intention.
- ✓ Invite participation.
- ✓ Respect differences.
- ✓ Notice who may be on the margins.
- ✓ Create opportunities for every learner to contribute.



TALKING POINT

Belonging is not simply telling people they belong. It is creating repeated experiences that communicate, "There is a place for you here."

REFLECTION

What is one thing you can do to strengthen belonging in your classroom or team?



Relationships Are Part of the Work

Teaching is relational work. Trust, respect, communication, and consistency shape the environment in which learning takes place.



TALKING POINT

A strong relationship does not mean removing expectations. It means students experience expectations within a relationship of respect and care.

REFLECTION

Which relationship in your professional life would benefit from more intentional attention?





Celebrate Progress

If we only celebrate the final outcome, we can miss the growth happening along the way.

- Celebrate effort.
- Celebrate improvement.
- Celebrate courage.
- Celebrate persistence.
- Celebrate contribution.
- Celebrate learning from mistakes.



TALKING POINT

Celebration is not empty praise. Effective celebration identifies what someone did, why it mattered, and what strength it reveals.

PRACTICE

What is one recent student or educator win that deserves to be recognized?





Make Room for Renewal

Renewal is not an interruption of the work. It is part of sustaining the ability to do the work well.

- ✓ Pause before you reach empty.
- ✓ Protect meaningful breaks.
- ✓ Create moments of quiet.
- ✓ Reconnect with what gives you energy.
- ✓ Give yourself permission to recover.



TALKING POINT

Rest is not the opposite of productivity. Sometimes rest is what allows meaningful productivity to continue.

PAUSE & REFLECT

What does renewal look like for you—not in theory, but in real life?





Build a Thriving Classroom

SAFETY

Students feel able to participate and make mistakes.

BELONGING

Students know they are valued.

CHALLENGE

Students are encouraged to stretch and grow.

CHOICE

Students have meaningful ownership.

CELEBRATION

Progress and effort are noticed.



TALKING POINT

A thriving classroom balances support with challenge. Students need to feel safe enough to try and challenged enough to grow.

REFLECTION

Which part of your classroom culture is strongest? Which deserves more attention?





Protect What Helps You THRIVE

Thriving requires intentional protection.

- Protect your purpose.
- Protect your boundaries.
- Protect your relationships.
- Protect your energy.
- Protect your curiosity.
- Protect your willingness to grow.



TALKING POINT

What we repeatedly allow into our lives can eventually shape the way we experience our work.

REFLECTION

What do you need to protect more intentionally?





THRIVE in Practice

Choose one change that would improve the conditions around you.

ONE THING I WILL CREATE:

ONE RELATIONSHIP I WILL STRENGTHEN:

ONE THING I WILL CELEBRATE:

ONE WAY I WILL RENEW:

TALKING POINT

Thriving becomes a culture when small supportive choices are repeated until they become normal.





GREAT Challenge

THRIVE

Create one intentional “thriving moment” each day for one week. It can be for yourself, your students, or your team.

MY THRIVING MOMENT WILL BE:

WHO WILL BENEFIT?

WHAT DID I NOTICE?





GREAT Takeaway

Thriving is not the absence of difficulty. It is the presence of conditions that help us continue growing through difficulty.



TALKING POINT

Greatness is not only what we accomplish. It is also the environment we create that allows other people to discover what they can accomplish.

ONE TRUTH I AM TAKING WITH ME:





The Greatness Compass™

THRIVE • Flourish • Sustain • Grow

Your compass can help you protect the conditions that make sustainable greatness possible.

PURPOSE

What gives this work meaning?

PEOPLE

Who needs to feel connected and valued?

VISION

What kind of environment am I helping create?

ACCOUNTABILITY

What can I intentionally influence?

INNOVATION

What could make this environment healthier or stronger?



TALKING POINT

A thriving culture does not happen by accident. It is created through intentional choices, relationships, systems, and habits.

COMPASS REFLECTION

What is one condition you can intentionally create that would help you and the people around you thrive?



THE G.R.E.A.T. JOURNEY™



Grow • Rise • Empower • Align • Thrive

You have moved through five invitations:

GROW

Continue becoming.

RISE

Keep moving forward.

EMPOWER

Strengthen yourself and others.

ALIGN

Let your values guide your actions.

THRIVE

Create conditions for sustainable greatness.

TALKING POINT

The G.R.E.A.T. Method™ is not meant to be completed once and forgotten. It is a framework you can return to whenever you need to grow, reset, refocus, and move forward.

FINAL REFLECTION

Which part of the G.R.E.A.T. Method™ do you need most in this season of your professional journey—and why?



MY G.R.E.A.T. EDUCATOR REFLECTION

Pause • Process • Apply

You have moved through Grow, Rise, Empower, Align, and Thrive. Now pause and look at the whole journey.

PAUSE & REFLECT

What did you discover about yourself as an educator?





My Greatest Insight

OF EVERYTHING I EXPLORED IN THE G.R.E.A.T. METHOD™, THE INSIGHT THAT STANDS OUT MOST IS...



TALKING POINT

The most powerful reflection is often the one that changes what you do next.





My Educator Strengths

Name the strengths you bring to your students, classroom, school, and professional community.

A STRENGTH I KNOW I BRING...

A STRENGTH OTHERS SEE IN ME...

A STRENGTH I WANT TO DEVELOP...

A STRENGTH I WANT TO USE MORE INTENTIONALLY...





My G.R.E.A.T. Growth Plan

One journey. Five areas. One intentional next step.

GROW — WHAT WILL I CONTINUE LEARNING?

RISE — HOW WILL I STRENGTHEN MY RESILIENCE?

EMPOWER — HOW WILL I BUILD VOICE AND OWNERSHIP?

ALIGN — WHAT WILL I BRING INTO GREATER ALIGNMENT?

THRIVE — WHAT CONDITION WILL I CREATE TO SUPPORT FLOURISHING?





My 30-Day G.R.E.A.T. Action Plan

Choose a few actions that are realistic, meaningful, and measurable.

MY FIRST ACTION:

WHAT I WILL DO:

WHEN I WILL BEGIN:

WHO OR WHAT WILL SUPPORT ME:

HOW I WILL KNOW I AM MAKING PROGRESS:





My Greatness Compass™

Purpose • People • Vision • Accountability • Innovation

Use your compass whenever you need to pause, refocus, and decide what comes next.

PURPOSE

Why does my work matter?

PEOPLE

Who am I here to serve?

VISION

What am I helping create?

ACCOUNTABILITY

What is mine to own?

INNOVATION

What possibility am I willing to explore?

MY COMPASS STATEMENT

The educator I am committed to being is...





My Educator Commitment

I commit to continuing to grow, rising through challenges, empowering those I serve, aligning my actions with my values, and creating conditions where I and my students can thrive.

I understand that greatness is not perfection. It is intentional growth, meaningful impact, and the willingness to keep becoming.

MY PERSONAL COMMITMENT

Today, I choose to...





DEAR FUTURE ME,



Before You Close This Workbook

Take one final pause.

WHAT AM I PROUD OF?

WHAT AM I READY TO CHANGE?

WHAT AM I READY TO PROTECT?

WHAT AM I READY TO BEGIN?

WHAT WILL I CARRY FORWARD?





WELCOME TO THE NEXT PART OF YOUR JOURNEY



The work continues.

The G.R.E.A.T. Method™ is not something you finish and leave behind. It is a framework you can return to whenever you need to grow, rise, empower, align, and thrive.

Take what you have learned here into your classroom, your relationships, your leadership, and your life.

| *Your growth matters. Your voice matters. Your work matters.*

| *Keep growing. Keep rising. Keep empowering. Keep aligning. Keep thriving.*

— Inspire Greatness™



Your Journey

YOUR JOURNEY DOESN'T END HERE

Keep Going. Keep Growing. Keep Becoming.



You've taken the time to Grow. Rise. Empower. Align. Thrive.

But this isn't the end of the journey.
It's the beginning of what comes next.

Continue your personal and professional growth inside The G.R.E.A.T. Journey Experience through MyGreatness.app. Inside, you'll discover guided reflections, inspiration, personal growth experiences, Founder messages, and a supportive space designed to help you continue putting what you've learned into practice.

YOUR NEXT STEP IS WAITING.
START YOUR 7-DAY FREE JOURNEY

JOIN THE JOURNEY

MyGreatness.app

